

ST. ANTHONY spiritualitycenter

Spring 2023



As St. Anthony's moves forward, its sturdy walls continue to offer a haven of constancy, warmth, and healing to all those who seek peace, clarity, and spiritual growth amid the challenges and material distractions of a rapidly changing world. Step inside this newsletter to find a retreat opportunity at St. Anthony's that will help you set aside the busy-ness and noise of daily life to (re)connect with the "you" you were created to be!

300 E. Fourth Street Marathon, WI 54448 | 715.443.2236 | www.sarcenter.com



SACRED CONNECTION

“Spiritual direction involves a process through which one person helps another person understand what God is doing and saying.” – Richard J. Foster

Like the disciples on the road to Emmaus, we do not take the spiritual journey alone. Spiritual direction or spiritual companionship is the process of being accompanied on your spiritual journey by another, as a means to grow in an intimate relationship with the mystery we call God, The Divine, the Ultimate Reality, or Higher Power.

Spiritual directors are men and women specially trained to be spiritual companions who will walk with you on your spiritual path. They will listen to you deeply and non-judgmentally and will help you discern the presence of God in all the circumstances of your life.

For more information or to contact one of our spiritual companions, you can go to the Spiritual Direction page on our website, <https://sarcenter.com/spiritual-direction/>

WHAT IS A RETREAT?

A retreat is an opportunity to go inward, to experience God in a deeper way, to seek out what nourishes the Spirit within you. In more common terms, retreats are a time to not only “stop and smell the roses”, but to ponder the beauty of creation and to reflect on what creation teaches us about the Creator.

Retreats are a time to refresh your tired Spirit: many retreatants find they sleep more than usual, especially on the first day.

A retreat is a time to quiet the distractions of everyday life in order to listen more deeply to God, a time to recognize the still, small voice within you in order to deepen your relationship with God and to respond as the Spirit leads you.

A retreat may lead you to a deeper understanding of the questions you have, or it may lead you to more questions about what you thought you understood.

A retreat may offer you new information, new ideas, new perspectives, but it is not primarily an educational seminar or workshop. It is an opportunity to step away from the intellectual, to move “out of your head” and into the heart, to be in touch with the desires and movement of the Divine Presence within you. The Spirit provides the desire to take time away from the everyday; St. Anthony’s provides the quiet setting and spiritual resources for a retreat. Come and see!

“Be still and know that I am God” - Ps. 46:10

PRIVATE RETREATS

While we hope that you will be able to join us for one of the weekend or day-long retreats described in this newsletter, we realize that your spiritual needs are sometimes best served by a private retreat. You can schedule a private retreat at St. Anthony’s at any time of year and for any length of stay, from one night to one week or more. To arrange a private retreat, please contact Sr. Barb Knauf, at bknauf@sarcenter.com or 715-443-2236 ext 114. To learn more about private retreats, please visit <https://sarcenter.com/st-anthonys-retreats-and-events/>. If you would like to gift a friend with a private retreat, you can purchase a gift certificate and encourage the recipient to contact Sr. Barb Knauf about scheduling the retreat.

*****Register early! All retreats are pending a minimum number of six participants.*****

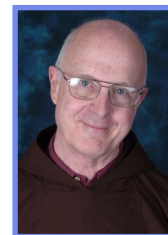
DISCOVERING A GOD RICH IN MERCY, IN A WORLD THAT KNOWS NO MERCY

APRIL 14 - 16, 2023

Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal



The Sunday after Easter is called “Divine Mercy Sunday.”
The prayer, “Lord have mercy” is often on our lips.
But what is mercy?
Apart from times of prayer, when was the last time
mercy was on your lips or, even more, in your actions?
When our world constantly cries out for justice,
Who cares about mercy?
Where is mercy?



We’ll explore all these areas during our retreat, opening up for ourselves this marvelous gift of God and what it means for us and demands of us in our tension-filled 21st century.

Investment: \$225

Zoom option \$50

Presented by Fr. Dan Crosby OFM Cap.

A HEART-CENTERED MINDFULNESS RETREAT

APRIL 28-29, 2023



Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Saturday at 4:00 pm

Draw yourself closer to the Spirit by starting in your own heart. This retreat will focus on being present in each moment with loving intent, so each participant can look at our God-given “Light Within”. Using both In-Group and One-On-One activities, Steven will help participants identify the barriers to their own “Light Within”, and coach ways to keep this level of self-care in focus.

Steven Korzinek is an Intuitive Life Coach with over 20 years’ experience working with all populations as a Case Manager, a Youth Minister, and as a Life Coach. He has facilitated various groups and retreats and has mentored many adults and teenagers. Steven has always pursued his calling from the Spirit, and has consistently had an office within clinical settings to do this work.

Investment: \$125

Presenter: Steven Korzinek

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

CELEBRATING FRANCISCAN WOMEN

MAY 12 - 14, 2023



Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal

Christian history is full of incredible women whose legacies continue today! Join us for a weekend learning about five Franciscan women who followed their specific calling and made a difference in the world!

St. Angela Merici, Third Order Franciscan (1474 - 1540) created a 'third option' for the women of her time. Instead of becoming a nun, living a cloistered life under the guidance of a priest, or getting married and living under the guidance of a husband, Angela created a community of women committed to living the Franciscan values as single women, which was unheard of at the time. It was not created originally as a religious order, but you would know them today at the Ursulines.

St. Marianne Cope, Third Order Regular, (1838-1918) is best known for her selflessness in caring for those afflicted by leprosy in Hawaii. She considered it a "privilege... to sacrifice [my]self for the salvation of the souls...and minister to the abandoned 'lepers'". She worked with Fr. Damien De Veuster and cared for him during his last days. She is the first American Franciscan woman to be canonized.

Blessed Mother Maria Theresa Scherer, (1825-1888) always wanted to be a teacher, but she was called to become superior of the congregation's first hospital. She helped care for the poor, aged, and sick in their homes or in hospitals and to train children who were mentally or physically handicapped. She was considered the co-foundress, was one of the first members and the first superior general of the Sisters of Mercy of the Holy Cross.

Blessed Ulrika Nisch, (1882-1913) was born into extreme poverty and served as a farm servant and later a domestic servant and cook. She was known for her simplicity and joy.

Blessed Zdenka Schelingova, martyr, (1916-1955) was remembered by her sisters as a person who lived continually in God's presence, both in prayer and work. She once wrote: "I want to do God's will without paying attention to myself, my comfort or my rest." As a nurse, she demonstrated love and compassion to everyone and was always ready to serve, especially sick hospital patients.

Investment: \$225

Zoom option: \$50

**Presenters: Lee Ann Niebuhr, OFS; Sr. Kathlyn Lange, SCSC;
and Adele DiNatale-Svetnicka, Affl. FSPA**

*****Register early! All retreats are pending a minimum number of six participants.*****

DIVORCE RECOVERY RETREAT SERIES 2022-23

MAY 5-7, 2023

Divorce Recovery Retreat - Continuing on the Healing Journey



Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal

In this retreat, adults will learn the skills and “rebuilding blocks” needed to heal the grief and emotional pain associated with divorce. No one understands the emotional toll divorce places on another except the person going through the divorce. Deep sadness, anger, loneliness, and even physical pain are all part of the divorce process. Family and friends may have said to you, “the divorce is over; time to move on”, or “there are plenty of fish in the sea.” These statements, and others, are said because the person making the statement doesn’t know how to respond to your grief. Much like a person who loses a loved one to death, we, too, experience the death of a relationship. Only divorced people don’t receive cards, casseroles, or cash! And no one comes to visit to see how you are doing or if you need any help. There isn’t a visitation to help us process the grief with a sea of friends and well-wishers. Instead, we can be left feeling abandoned, ashamed, and alone.

“Guiding divorced adults through the process of healing past hurts and the deep pain associated with divorce has truly been a gift in my life. I watch adults transform as they discover a new way to live, a new way to look at themselves, family, and friends, and blossom into joyful and hope-filled people whom God intended them to be.”

If you are experiencing a divorce now or have been divorced for years and still hold onto old hurt and pain, this series is for you! Trust the process. It works! Your life will change and you will feel joy and hope once more.

Tanya Hielke is a 14-year veteran facilitator of divorce recovery workshops, retreats, and support groups. Tanya has an education in business and theology and has worked in both corporate positions as well as ministry. Tanya is a certified facilitator as well as a spiritual director, and brings her own life experiences with divorce to the healing ministry that has been her passion these past 14 years.

Investment: \$220

Presenter: Tanya Hielke



PEACE FROM THE HEART OF A CHILD: Mattie J.T. Stepanek (1990-2004)

SATURDAY, MAY 20, 2023 9:00 AM - 4:00 PM

Saturday: Check-In: 8:30 am | Program begins: 9:00 am | Lunch: 12:00 noon | Departure: Saturday at 4:00 pm

“A poet, a peacemaker, and a philosopher who played.”

All of us ~children, teens, and adults~ are called to holiness. Mattie J.T. Stepanek responded to this call generously. Even though he lived with a rare fatal neuromuscular disease, Mattie shared his gifts by writing hundreds of poems and passages that he called his “Heartsongs”. Mattie was deeply spiritual and discerned that his main purpose in life was to be a peacemaker. In this retreat, we will explore Mattie’s inspirational life and poetry and his vision for peace, that we may each embrace his call, and God’s call, to be peacemakers every day of our lives. Mattie’s poetry and music will be intertwined with silent periods for contemplation and for exploring your own creative responses.

Rita Simon is a retired family physician who has been a working member of the St. Anthony’s Spirituality Center’s themed retreat team for 14 years. Rita has led a silent peace walk in her community of Chippewa Falls the first Monday of each month for 6 ½ years. She practices peace through sitting and walking meditation, and embodies spirituality through vocal and instrumental music, yoga and dance, and enjoying the awesome beauty of nature. “Peace is every Step.”



Investment: \$70

Zoom Option: \$25

Presenter: Rita Simon

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

CULTIVATING YOUR FAMILY CULTURE: IT STARTS AT HOME

JUNE 9-11, 2023



Presented by Lindsay Murray and Michelle Sachs

Join Michelle and Lindsay from *The Modern Lady Podcast* as they dive deeper into some of their most popular podcast episodes. They have pulled highlights from over 100 episodes to create a weekend retreat that will motivate you to create a family culture that will have a generational impact.

This weekend retreat is a great opportunity for long-time listeners of the podcast to get an exclusive experience, hearing Michelle and Lindsay build on these topics, adding updated information and new reflections. For guests who have not yet listened to *The Modern Lady Podcast*, there will be much to unpack and explore as they discover what women around the world have come to expect from Michelle and Lindsay. You will leave this retreat feeling refreshed and inspired, whatever season of life you are in.

Michelle and Lindsay will discuss topics like: family entertainment choices and how they contribute to or distract from what values you want to encourage within your family, bringing beauty into the home, what leisure really is and how it is “re-creative”, and why it’s important you start thinking today about the legacy that you are leaving behind.

Ever since its inception in 2018, *The Modern Lady Podcast* has received countless reviews from women of all ages, from all over the world, thanking Michelle and Lindsay for addressing these topics in a way that is well-researched, yet approachable, engaging, and often funny! This is “edutainment” (educational entertainment) at its best and you’ll see why women have said that listening to Michelle and Lindsay is like spending time, sitting around a kitchen table with friends that you feel like you’ve known for ages.



Lindsay Murray is a happy homemaker who truly enjoys looking after her husband of eighteen years and four kids. She is the co-host of *The Modern Lady Podcast*, which gives her the opportunity to spend way too much time doing her favourite things - reading and writing! You can find Lindsay sharing what homemaking means to her on Instagram @lindsayhomemaker.



Michelle Sachs lives in Southwestern Ontario with her husband and their four kids, and is a co-host of *The Modern Lady Podcast*. She tries to balance her love for producing, exploring the outdoors, and reading, with the adventures of homemaking, homeschooling, and family life. You can follow her escapades on Instagram @mmsachs.

Check-in begins at 3:00 pm on Friday, followed by orientation at 5:45 pm and supper at 6:00 pm. The retreat concludes Sunday after the Noon Meal. Breastfeeding babies are welcome!

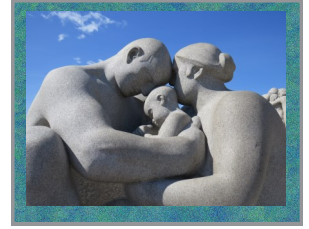
Investment: \$225

*****Register early! All retreats are pending a minimum number of six participants.*****



JUNE SERENITY 12-STEP RETREAT BEING CONNECTED

JUNE 2-4, 2023



Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal

Alcoholism damages our connection to ourselves, our loved ones, and our Higher Power. In recovery, we have the opportunity to move beyond our shame and isolation into wholeness. Together, we will explore the barriers to building meaningful relationships and how, through working the steps and principles of recovery, we can awaken to a better understanding of our humanity, spirituality, and a sense of belonging.

Elizabeth Neubauer is a Spiritual Director in Milwaukee. She has served as retreat leader at retreat houses and other organizations in the Midwest. In addition, she had led groups on topics including mindfulness, prayer, meditation, and the spirituality of the 12 Steps. Elizabeth has degrees in Art and Business and is a graduate of the Spiritual Guidance Training Program at the Siena Retreat Center.

With more than 30 years of daily spiritual practice, Elizabeth understands the challenges and gifts of a contemplative journey. As a retreat leader, her goal is to provide food for thought that encourages individuals to go deeper into self-knowledge and to explore their experience of a Higher Power, God, or Deep Self - however they define this journey for themselves. As a spiritual companion, she brings attentive listening, compassion, and open-mindedness to individuals who desire a dedicated time to explore the direction of their lives.

Investment: \$225

Presenter: Elizabeth Neubauer



VOLUNTEER WEEK JULY 27 - AUGUST 1, 2023



Come one, come all! Seasoned long-time volunteers and all those brand new! Let work become play as you choose from a variety of projects, both inside the building and outside on the grounds. Come for just a day; stay the whole week; or attend during any time-frame in between!



We rely on your help with these annual projects. St. Anthony's and its grounds would not be as maintained, clean, and beautiful without our awesome volunteers (that's you!)? Meals are provided. Projects will begin Thursday morning, July 27; you are welcome to come Wednesday evening with dinner on your own. Please call to let us know when you will arrive and how long you will stay.



Please bring a mask (just in case), your favorite work gloves (We may not have enough for everyone.), and your work clothes.



To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

PEACE POLES WORKSHOP

SATURDAY, AUGUST 12, 2023

Saturday: Check-In: 8:30 am | Program begins: 9:00 am | Lunch: 12:00 noon

Departure: Saturday at 4:00 pm



Come share your wishes for greater peace for yourself, your community, and the world, by creating a personal peace pole! A peace pole is a hand-crafted monument, colorfully painted with images and words that express your personal message of peace and hope. Peace poles can be found in gardens, as well as outside of homes, churches, and other buildings. In addition to painting a peace pole, this workshop will include an exploration of what it means to be an instrument of peace as expressed in the Prayer of St. Francis, guided meditation, writing, and time for reflection. No art experience required! Lunch will be provided. All supplies, except the following, will be provided:

Supplies for retreatants to bring: Square PVC pipe (4 or 6 feet tall), old clothes, smock/apron (optional), mask (optional-for lung protection against primer spray particles), hair dryer (optional to quicken the drying process; St. Anthony's has one or two), Images and Pictures that say "peace" to you.

Elizabeth Lewis is a motivational speaker, personal development coach, grief support specialist and spiritual counselor whose areas of expertise include resilience building, forgiveness facilitation, healing art and writing, and trauma healing. Recognizing that there is no "one-size-fits-all" path to wellness and a sense of wholeness, Elizabeth has pursued extensive training and certification in diverse approaches to resilience, healing and growth. Elizabeth also draws on her personal resilience and experience in overcoming trauma to help her clients find their own best path to wellness. For more information on Elizabeth and her work, visit <https://elizabeth-lewis-coach.com/>.

Investment: \$70

Facilitator: Elizabeth Lewis

THE CUP OF OUR LIFE

AUGUST 25-26, 2023



Check-in: 3:00pm Friday | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: 4:00 pm Saturday

Ordinary life, an ordinary cup, an extraordinary God blessing us. Do you feel ordinary? That is not how God sees you. God wants you to see yourself as loved and as wondrous as God does. Easy? No. But possible with prayerful practice. Using the image of an ordinary cup, we will enter into reflection of our own personal spirituality and growth, specifically with:

C --- Christ

U --- Us

P --- People with whom we live.

Each meditation session will begin with a reflection and include scripture and small group sharing. Then there will be large group sharing and a closing prayer. The four sessions are: The Cup of Our Life, The Cluttered or Empty Cup, The Broken Cup, and The Blessing Cup.

Celine Goessl is a member of the Sisters of Mercy of the Holy Cross, an international religious community based in Switzerland. She currently lives her ministry as co-manager of the Lincoln County Food Pantry, a speaker on human trafficking, and gives days of reflection and retreats. Celine has an educational background in Music Education, a Master's in Theology with concentration in Liturgy, and a Doctorate in Parish Pastoral Ministry. She has been a teacher and principal in elementary education, a provincial of her USA Province, a pastoral associate for most of her religious life, and a pastoral administrator of parishes that did not have a priest.

Investment: \$125

Zoom option: \$25

Presenter: Sr. Celine Goessl, SCSC

*****Register early! All retreats are pending a minimum number of six participants.*****

DIVORCE RECOVERY SERIES 2023-24, RETREAT 1:

GRIEF AND TRAUMA, HEALING THE PAST TO BE PRESENT

SEPTEMBER 15 - 17, 2023



Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal

This retreat will help adults learn the skills and 'rebuilding blocks' needed to heal the grief and emotional pain associated with divorce. No one understands the emotional toll divorce places on another except the person going through the divorce. Deep sadness, anger, loneliness, and even physical pain are all part of the divorce process. Family and friends may have said to you, "the divorce is over; time to move on", or "there are plenty of fish in the sea." These statements, and others, are said because the person making the statement doesn't know how to respond to your grief. Much like a person who loses a loved one to death, we too experience the death of a relationship. Only divorced people don't receive cards, casseroles, or cash! And no one comes to visit to see how you are doing or if you need any help. There isn't a visitation to help us process the grief with a sea of friends and well wishers. Instead, we can be left feeling abandoned, ashamed, and alone.

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If you are experiencing a divorce now or have been divorced for years and still hold onto old hurt and pain, this series is for you! Trust the process. It works! Your life will change and you will feel joy and hope once more.

1-SEPTEMBER 15-17, 2023 - Divorce Recovery Retreat I - Grief and Trauma/ Healing the Past to be Present

2-FEBRUARY 2-4, 2024 - Divorce Recovery Retreat II - Learning to Let Go/ Living a Life of Peace

3-MAY 3-5, 2024 - Divorce Recovery Retreat III - Healing My Love Relationship/Dating/Moving On

***Tanya Hielke** is a 14 year veteran facilitator of divorce recovery workshops, retreats, and support groups. Tanya has an education in business and theology and has worked in both corporate positions as well as ministry.*

Tanya is a certified facilitator as well as a spiritual director and brings her own life experiences with divorce to the healing ministry that has been her passion these past 14 years.

Cost: \$225 (each retreat)

Presenter: Tanya Hielke

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236



A TIME TO HEAL

SEPTEMBER 22-24, 2023

One Weekend - Two Options



Some talks and activities will be combined; others will be specific to each retreat

WHERE THERE IS DESPAIR, HOPE with Rev. Catherine Kuschel

OR

MOVING THROUGH GRIEF INTO GRATITUDE with Susan Soriano

Where There is Despair, Hope

When a spouse or significant other, child, relative, friend, work colleague or even an acquaintance dies by suicide, a trail of unanswered questions and pain remains. This uncertainty and sorrow make it difficult, if not seemingly impossible, for those left behind to come to resolution of the death of their loved ones. The grief and healing process will be addressed at this retreat through an exploration of the spiritual, theological, and psychological dimensions surrounding recovery after a death by suicide. Participants will have opportunities to engage in quiet reflection, as well as to make connections with others who have lost a loved one to suicide. Prayer services, including a service of remembrance and healing for those who have been lost to us, will be a part of the weekend.

Rev. Catherine Kuschel, M. Div, MAC, LPCC, LADC, is a licensed mental health therapist and drug and alcohol counselor in the State of Minnesota, where she works at a residential treatment facility for women suffering from the co-occurring conditions of drug addiction and mental illness. She has experience working with persons on both sides of the suicide issue: those who have attempted and survived and those who have been left behind by someone who died by suicide. Catherine is also an ordained minister in the Episcopal Church, serving a small congregation in New Richmond, WI, and is a trained spiritual director.

Investment: \$225

Friday: Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal

Moving through Grief into Gratitude

To love someone includes not only the willingness to know and be changed by that love, but also the possibility of losing that love, whether by death, estrangement, or abandonment, to name a few. Grief is the heart's response to loss—of course there will be challenges. It is human nature to avoid change, and now we are faced with this terrible pain and sorrow that disrupts our life and patterns of living. We want so desperately to return to the way it was. The great wisdom is not to move away from the sorrow and changes, but to lean into it – to listen to the questions that arise and to honor the importance of the journey. This retreat is designed to help us make space for our feelings and to recover our bearings after the loss of a loved one. The goal is not to forget the past, but to honor the journey we shared for a season and a time, grateful for what has been and what lies before us.

Susan Soriano has worked in ministry for many years. She is a retired director of faith formation and pastoral minister and was a member of the extended preaching team at St. Anthony's. She is a graduate of the Diocesan Lay Formation and Leader of Prayer programs and earned a certificate in Servant Leadership through Viterbo University. Susan enjoyed married life for many years and is mother to five children. Having lost a spouse, she believes in the importance of knowing that we are not alone in our grief and that we can help one another heal through shared experiences and insights.

Weekend Retreat (Fri. 5:45 pm to Sun. after Noon Meal) \$225; Saturday only option: 8:30am - 4:00pm \$70.00

*****Register early! All retreats are pending a minimum number of six participants.*****

FRANCISCAN LIVING SILENT RETREAT

**St. Francis and Blessed Solanus Casey show us
the Way to a Mature Spirituality**

SEPTEMBER 29 - OCTOBER 1, 2023



Friday Check-In: 3:00 pm | Orientation: 5:45 pm | Supper: 6:00 pm | Departure: Sunday after Noon Meal

There are a lot of spiritualities out there – and initially, many seem pretty attractive.

How do we know which ones are not just attractive

but will truly help us follow Christ more authentically?

This retreat will pull out from the New Testament principles for all authentic Gospel living –
and then show how powerfully and beautifully they're reflected
in the lives of St. Francis and Blessed Solanus Casey.

Please note that this retreat is silent.

Investment: \$225

Zoom option \$50

Presenter: Fr. Dan Crosby

SAVE THE DATE 2023 - 2024

OCTOBER:

10/6 - 8: Serenity Recovery Retreat w/ Steven Korzinek and Ron Alexander

10/13-14: Grief and Forgiveness Retreat w/ Elizabeth Lewis

10/20 - 22: Bread of Life Retreat w/ Candace Bahr and three bakers

NOVEMBER:

11/3 - 4: Drawing Closer to the Holy w/ The Sacred Huddle

11/10 - 12: Silent Theme Retreat w/ various presenters

11/17 - 18: Women's Retreat w/ Elizabeth Lewis

DECEMBER:

12/10: Advent Day of Prayer

12/31/23 - 1/1/24: New Year's Eve and Day Retreat

JANUARY:

1/5 - 7: Serenity 12 - Step Retreat

1/26 - 28: Silent Theme Retreat w/ various presenters

FEBRUARY:

2/2 - 4: Divorce Recovery Retreat 2: Learning to Let Go and Live a Life of Peace w/ Tanya Hielke

MARCH:

3/22 - 24: Palm Sunday Silent Theme Retreat (Women only) w/ various presenters



To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

ST. ANTHONY spiritualitycenter

300 East Fourth Street
Marathon, WI 54448

Please contact us at 715-443-2236
or info@sarcenter.com

If you would like to:

- Be added to the newsletter mailing list
- Change or correct your address
- Be removed from the list
- Report duplicate copies received

HOSTING VOLUNTEERS

Calling all weekend hosts! St. Anthony's calendar is filling up! Whether you are one of our regular hosts or would like to learn the ropes, we would love to hear from you! Please contact Jackie K. at 715-443-2236, ext. 116 or jackiek@sarcenter.com for more information or to request a schedule of events!

UPDATED REGISTRATION POLICY

Now that we have gotten through the worst of the pandemic and are reopening capacities, we have also made some changes to our registration policy. **Guests are now required to pay in full at the time of registration, in order to fully secure their spot on retreat.** Your spot is only reserved when you have paid in full. Also, we will no longer waive the \$50 non-refundable deposit as we did during the pandemic. Thank you for your understanding!

ST. ANTHONY'S MISSION STATEMENT

St. Anthony's, as a special place of spirituality, peace and hospitality, is a community welcoming all seeking healing, hope and transformation through deeper connection with God, Self, Others and Creation. We strive to embrace and grow through our Franciscan Roots and Values of simplicity, compassion, joyful service, and relationships, in which all are welcome to seek spiritual deepening.

ST. ANTHONY SPIRITUALITY COVID POLICY

Effective: 2023 - 01 - 16

St. Anthony Spirituality Center, as a special place of spirituality, peace, and hospitality, is open to ALL, and we look forward to having you here!

Our COVID-19 guidelines have been put in place by the Board of Directors of St. Anthony's to help ensure the safety of those who choose to visit during this time. These guidelines are subject to change as the situation with COVID-19 evolves.

St. Anthony Spirituality Center is guided by the Center for Disease Control (CDC) regarding face coverings and preventing the spread of COVID-19. That guidance entails a layered prevention strategy based on community COVID-19 levels.

- When Marathon County is at a **LOW LEVEL**, St. Anthony's WILL NOT have a general face covering requirement.
- When Marathon County is at a **MEDIUM LEVEL**, St. Anthony's REQUESTS the use of face coverings. Please remember that face coverings must cover the nose and mouth and fit snugly against the sides of your face and under the chin.
- When Marathon County is at a **HIGH LEVEL**, St. Anthony's **REQUIRES the use of face coverings**. Please remember that face coverings must cover the nose and mouth and fit snugly against the sides of your face and under the chin.

The community COVID-19 level is posted by the Wisconsin Department of Health Services every Friday. This level will be communicated upon arrival at St. Anthony's and will remain in place until the following Friday. Be prepared! Bring a face covering when you visit St. Anthony's as community COVID-19 levels could change during your stay.

- Individuals who are not fully vaccinated against COVID-19 are requested to wear a face covering in all common areas within the building.

People with COVID-19 symptoms, a current positive test for COVID-19, or recent exposure to someone with COVID-19 are asked to reschedule their retreat for a time when they are certain that they are healthy and COVID-free.

*****Register early! All retreats are pending a minimum number of six participants.*****