

ST. ANTHONY spiritualitycenter

Fall 2025



St. Anthony's sturdy walls offer a haven of constancy, warmth, and healing to **all** those who seek peace, clarity, and spiritual growth amid the challenges and material distractions of a rapidly changing world. Step inside this newsletter to find a retreat opportunity at St. Anthony's that will help you set aside the busy-ness and noise of daily life to (re)connect with the "you" you were created to be!

300 E. Fourth Street Marathon, WI 54448 | 715.443.2236 | www.sarcenter.com



SUMMER WEEKEND RETREATS and Ongoing Series

SOBER SISTERS

AUGUST 8-10, 2025

This retreat will venture into the stories of beloved women who helped in the formation of AA. Participants will examine the pioneers like Sylvia K. and Florence, who fought for their own sobriety, while also jostling for seats at the tables of AA. They will explore the pioneers in themselves. Stories of those who have gone before us such as Marty M. and Betty F. will reveal the sacred chronicles of courageous women. It will bring forward one's own courage. Tales of walking through the twelve steps in recovery with long-timers and sponsors will demonstrate how victorious Sober Sisters can be in a powerful circle of women!

During this retreat, we will probe into the women's stories in the Big Book of Alcoholics Anonymous, and Voices of



Women in AA from the AA Grapevine. Participants will experience presentations, small group discussion, and time for prayer and reflection. There will be interactive activities throughout the weekend.

We are each a miracle! We are a circle of women!

Ruth Hoenick is a Spiritual Companion who facilitates 12-step retreats throughout the United States. Ruth has been actively involved in the 12 step programs of both AA and Al-Anon in sponsorship and service work since 1986. She appreciates the work of spirit in the exchange of recovery stories. Ruth received her commission in Spiritual Guidance from the Siena Retreat Center in Racine, Wisconsin. She is certified through SDI (Spiritual Directors International) in Trauma and Wellness, Essential Seeing, and Bringing Art of Spiritual Companionship. Ruth is a wife, mother and grandmother. She is Chair Emeritus of the Board of Directors at the Jesuit Retreat House in Oshkosh, and current board member. She completed the Camino Ignaciano in Spain in 2022. Ruth is a spiritual companion who brings the gifts of respectful listening and honest presence.



Investment: \$240

Check-in begins at 3:00 pm on Friday, followed by orientation at 5:45 and supper at 6:00. The retreat concludes Sunday after the Noon Meal.

WOMEN CREATING IN RECOVERY

First Tuesday of every month

Starting Tuesday, September 2, 2025, from 6:00-8:00pm

Facilitated by Candace Bahr

Community and Connection

Participating in creative groups or workshops can provide a sense of belonging and support, fostering connections with others on a similar journey.

Specific examples of creative activities include:

Art Therapy

This involves using various art forms like painting, drawing, or sculpting to explore emotions and process experiences.

Creative Writing

Journaling, poetry, or short story writing can be powerful tools for self-reflection and emotional processing.

Crafts and Hobbies

Knitting, crocheting, pottery, or other crafts can provide a sense of accomplishment and relaxation.

Music Therapy

Engaging with music, whether through listening, playing an instrument, or singing, can be therapeutic and uplifting.

Dance and Movement

Expressing oneself through dance can be a fun and empowering way to connect with the body and emotions.



To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

SUMMER WEEKEND RETREATS



Silent Directed Retreat **August 15 - 17, 2025**

Is it time to step away from the day-to-day noise and busyness and feed your soul? Would you like to allow yourself time to be still and just be? This silent-directed retreat invites you to do just that! You will have a weekend in the peaceful sanctuary and grounds of St. Anthony's to embrace silence, get to know yourself better, and deepen your relationship with the Divine.

Each retreatant will meet with one spiritual companion each day of the retreat. Your companion will listen to you with ears of the Heart and help you recognize the gentle voice of the Spirit within you. We also have resource binders available with suggestions to pray in a variety of ways including, but not limited to: Creation, Music, Scripture, and Art.

All of these spiritual companions were trained and received their letter of completion from the Spiritual Direction Preparation (three year) Program at the Franciscan Spirituality Center in La Crosse, WI. *



RaeAnn is also a Counselor and Healthcare Administrator professionally and an Affiliate of the Franciscan Sisters of Perpetual Adoration. RaeAnn is Catholic, but enjoys providing spiritual companionship to people of all faiths and backgrounds. She is a storyteller by nature, and enjoys using metaphor to help people find their deeper relationship with the divine.



Sallie considers it a privilege and blessing to companion others on their spiritual journeys as she listens to their stories and struggles and witnesses the presence of what is sacred and holy in their lives. She is currently a supervisor in the Franciscan Spirituality Center's Spiritual Direction program, training and mentoring others who are on the path to becoming spiritual directors. She was on the team of presenters for the theme retreats at St. Anthony's for seven years and has offered other programs and workshops of her own. She lives in Merrill, WI with her husband.

Tammy has been an affiliate with the Franciscan Sisters of Perpetual Adoration (FSPA) in La Crosse since 1997 and continually feels called by God to deepen her spirituality and ministry to others. In 2015, she received a Masters of Divinity (MDiv) from Wartburg Theological Seminary and was called as a Minister of Word and Sacrament to the Evangelical Lutheran Church in America (ELCA); she is now retired. Her passion is to walk with others on their spiritual journey, companioning them as they seek a deeper spiritual awakening. She is also a retreat director, offering retreats on creativity, spirituality, and self-care.



Terri is an affiliate with the Franciscan Sisters of Perpetual Adoration (FSPA) in La Crosse. She has been privileged to companion people from various backgrounds; these include Protestants, Catholics, married, single, clergy, divorced, widowed and gay people in their desire to go deeper in their spiritual life.



Investment: \$400

**Check-in begins at 2:00 pm on Friday, followed by orientation at 5:45 and supper at 6:00.
The retreat concludes Sunday after the Noon Meal.**

*When you register, you will be asked your first and second preference for a spiritual companion, or if you would rather leave things up to the Spirit.

*****Register early! All retreats are pending a minimum number of six participants.*****

FALL WEEKEND RETREATS

RELAXING IN NATURE: OUTDOOR LISTENING, MOVEMENT, AND MEDITATION PRACTICES

SEPTEMBER 19 - 21, 2025

"But ask the animals, and they will teach you, or the birds of the air, and they will tell you; or speak to the earth and it will teach you, or let the fish of the sea inform you." Job 12:7-8

"Praised be You, my Lord, through Sister Earth our Mother who sustains and governs us..." St. Francis of Assisi

Being in nature can provide a felt sense of spiritual peace, connection and renewal. Time spent in nature is also a powerful stress-reliever with measurable benefits that include decreased heart rate, blood pressure and sympathetic nerve activity.

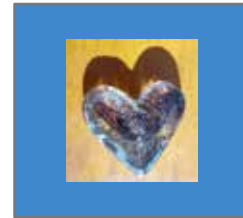


Elizabeth Lewis is a motivational speaker, personal development coach, grief support specialist and spiritual counselor whose areas of expertise include

resilience building, forgiveness facilitation, healing art and writing, and trauma healing. Recognizing that there is no "one-size-fits-all" path to wellness and a sense of wholeness, Elizabeth has pursued extensive training and certification in diverse approaches to resilience, healing and growth. Elizabeth also draws on her personal resilience and experience in overcoming trauma to help her clients find their own best path to wellness. For more information on Elizabeth and her work, visit <https://elizabeth-lewis-coach.com/>.

A DEEPER SPIRITUALITY WITHIN THE HEART

SEPTEMBER 19-21, 2025



**Presented by Tammy Barthels
and Steven Korzinek**

What prevents us from living deeper within our heart and soul?

We will explore the many facets of our layered self that keep us from being connected to our deeper authentic selves. We will focus on being present at each moment with loving intent so each participant can look at the God-given Light within.

Tammy Barthels is a retired minister with the Evangelical Lutheran Church in America. She is a wife, mother, grandmother, spiritual director, and seeker of Truth. She has been a presenter of retreats for over 20 years. Her mission is to assist others on their Journey as they seek to find their Inner Truth. She welcomes the opportunity to listen to your sacred stories, share, and walk with you as we journey toward wholeness with God together.

Steven Korzinek is an Intuitive Life Coach with over 20 years of experience working with all populations as a Case Manager, a Youth Minister, and a Life Coach. He has facilitated various groups and retreats and has mentored many adults and teenagers. Steven has always pursued his calling from the Spirit and has consistently had an office within clinical settings to do this work.

Investment: \$240

Check-in begins at 3:00 pm on Friday, followed by orientation at 5:45 and supper at 6:00.

The retreats conclude Sunday after the Noon Meal.

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

FALL WEEKEND RETREAT AND SERIES

SILENT FRANCISCAN LIVING RETREAT

Francis' Prayers Reveal His Ongoing Growth in the Lord: Lessons for Us

SEPTEMBER 26 - 28, 2025

We live in such fearful and divided times. Sincere Christians/ Catholics on both sides. St Francis' time was no less fearful – and no less divisive for the Christian community. We'll never have healing or hope unless we learn from Francis to "pray always with a pure heart to have the Spirit of the Lord and its way of operating." This retreat will focus on doing exactly that. As we journey through these difficult times, Francis' prayers will inspire and challenge us.

Fr. Dan Crosby, OFM Cap. is a friar of the Capuchin Province of St. Joseph. Fr. Dan was the Director of St. Anthony Spirituality Center for several years before the transition from Capuchin leadership to lay leadership at St. Anthony's. He currently ministers at St. Bonaventure Monastery in Detroit, MI, but enjoys returning to Marathon to visit and to offer retreats at St. Anthony's.

Investment: \$240 | Zoom Option: \$50 | Friday Check-in: 3:00 pm | Orientation: 5:45 | Supper: 6:00.
Retreat conclusion: Sunday after the Noon Meal.

The Gift of Fear Series

Presented *via Zoom by Elizabeth Lewis

Wednesday, October 8 & 15, 2025 | 6:00-7:30pm | Investment: \$30 for the series.

"How can I get rid of it?" is often our first response to the discomfort of fear. But putting aside fear without first illuminating its message and meaning only serves to keep the source of our fear in place without healing it. Come explore practices for identifying and feeling your fears so that you can transform them into gifts of Spiritual light and love — a doorway to listening to the "small still voice" within.

* Elizabeth will present each session via Zoom. Attendees are welcome to come to St. Anthony's to watch the presentation together and engage in small group discussions or to participate from home via Zoom.

Wednesday Mindfulness Meditation Circle

In this monthly group Candace will share a different technique each month that you can take with you & practice in your everyday life. Some techniques that will be shared are breathing methods, guided imagery, walking meditation and other practices to relax the body and mind and help reduce stress.

What are the benefits of Mindfulness meditation? Meditation has been studied in many clinical trials. The overall evidence supports the effectiveness of meditation for various conditions, including:

- Stress
- Anxiety
- Pain
- Depression
- Insomnia
- Attention
- Job burnout
- Diabetes
- High blood pressure

Continuing Series in 2025:
The 4th Wednesday of every month / 6:00 – 7:00pm

Contact Candace for more information:
715.443.2236 x117 or
bahre@sarcenter.com

*****Register early! All retreats are pending a minimum number of six participants.*****

ANNOUNCEMENT and DAY RETREAT

St. Anthony's is delighted to introduce our newest board member, Ocean "Linda" Prihoda.



Ocean is new to this role but has been part of St. Anthony's family for most of her life.

Ocean was born in 1951. One of seven children, (four sisters and two brothers), she is a native of Marathon, raised in the Town of Cassel (west of Marathon City). Ocean and her husband Les were actually married at St. Anthony Spirituality Center in 1972 by Capuchin Fr. Jerry McDonald, O.F.M. Ocean and Les have three sons, one daughter and ten grandchildren.

Ocean was also educated in Marathon, first at St. Mary's Grade School, then Marathon High School, before moving on to and graduating from UW-Stevens Point. She is a graduate of the Balanced Touch Institute of Massage and Bodywork, an affiliate School of the Associated Bodywork and Massage Professionals. Ocean has Clinical Pastoral Education (CPE) through Aspirus Wausau Hospital. She also went through the three year Spiritual Deepening for Global Transformation program at the Christine Center in Willard, Wisconsin.

Ocean is currently retired, but she has done a variety of work over the years. She was a childcare provider, a Hospital Chaplain and self employed as a Trauma Touch Therapist. She is a former chaplain for the Marathon City Fire Department. Most notably for us, Ocean has been Hosting Director, weekend facilitator, spiritual director, and volunteer at St. Anthony Spirituality Center.

Ocean supports St. Anthony's to this day as one of our Ministry Associates. She is an active member of our Book Club, and attends many of our day and evening spiritual programs, two weekend retreats per year and our Wednesday Mindfulness Meditation Circle. She practices with the Grow-A-Practice yoga group who meets here at St. Anthony's, and is a spiritual supporter of the local FSPA Affiliates.

Thank you for taking on this new role Ocean and we look forward to having you with St. Anthony's as we grow into the future!

Lunch, Learn 'n Pray:

We know them. We love them. We may even pray to them. But there is always so much more to learn! Let's learn more about our patrons together!

Join us in celebrating our patron saints by sharing a Noon meal and, afterward, learning more about them and reflecting on how their examples might be calling us to emulate them today. We will close with a group prayer.

CELEBRATING OUR PATRON SAINTS SERIES 2025

Monday, October 6: St. Francis



RSVP for attendance, meal count, and remote vs. in-person option

Free Will Offering Appreciated

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

FALL WEEKEND RETREATS

OCTOBER SERENITY RETREAT Conscious Contact - Reflection and Exploration

OCTOBER 3-5, 2025

PRESENTED BY CATHERINE ANDROYNA



Catherine has over 30 years of practice and experience in 12-step spirituality and many years coordinating retreats. Catherine holds all spiritual traditions in high regard; she journeys herself on a daily spiritual path utilizing 12-Step Spirituality, Ignatian Spiritual Exercises, Centering Prayer, and remains open to the Spirit's invitation to expand her path. She has served on the Jesuit Retreat House Board of Directors in Oshkosh and is an affiliated Spiritual Director and volunteer at Siena Retreat Center in Racine. Catherine continues to provide 1:1 Spiritual companionship in person and via zoom.



We'll explore our experience of conscious contact with our Higher Power. Together, we will reflect on our contact prior to our introduction to the 12 steps. Did we have any contact, conscious or not? As we move through the 12 steps how has our connection changed? What are our current practices of prayer and meditation to improve our conscious contact. As we take time away with our Higher Power what new consciousness, awareness or experience might we take home with us?

SPIRITUALITY AND THE TWELVE STEPS FOR EVERYONE

Looking closely at Richard Rohr's book, *Breathing Under Water*

OCTOBER 17 - 19, 2025

Presented by Ron Alexander

From the book's back jacket: "We are all addicted in some way. When we learn to identify our addiction, embrace our brokenness, and surrender to God, we begin to bring healing to ourselves and our world. In *Breathing Under Water*, Richard Rohr shows how the gospel principles in the Twelve Steps can free anyone from any addiction—from an obvious dependence on alcohol or drugs to the more common but less visible addiction that we all have to sin."

From Faith, Hope and Love to Courage and Humility and much in between, Ron will guide us through Richard's book, which shows how the Twelve Steps offer a spirituality that can help us face our dependencies head-on and in doing so find fulfillment and true joy!

Ron Alexander is retired and an active community advocate for addiction recovery, social justice issues, and prison reform. He was an Addictions Counselor at North Central Health Care and maintains his certification as a Clinical Substance Abuse Counselor. Ron is currently a Recovery Coach with an Associate's Degree in AODA Counseling.



Investment: \$240.00 | Ask us about commuter rates. **Check-In:** 3:00pm | **Orientation:** 5:45pm | **Supper:** 6:00pm
Departure: Sunday after Noon meal

Register early! All retreats are pending a minimum number of six participants.

FALL OVERNIGHT RETREAT

HOSTING VOLUNTEERS

Calling all weekend hosts!
Whether you are one of our regular hosts or would like to learn the ropes, we would love to hear from you! Please contact Katy B. at 715-443-2236, ext. 124 or kbailey@sarcenter.com for more information or to request a schedule of events!

REGISTRATION POLICY

Guests are required to pay in full at the time of registration in order to fully secure their spot on retreat.

This includes suite upgrade fees.

Your spot is reserved once you have paid in full. In the event that a retreatant cancels a reservation, a \$50 administration fee will be applied. Thank you for your understanding!

WEAVING OUR STORY

OCTOBER 17 - 18, 2025



Presented By:

Lisa Alexander & Adele DiNatale-Svetnicka

The key to weaving a basket is a strong, solid foundation, which is also the key to forming a good human and a good life. Often, faith and spirituality are part of this foundation. Many of the same elements needed to create good, strong and beautiful baskets are the same ones needed to create good lives and faith lives: Practice, Flexibility, Paying Attention, Not Giving Up! And, mistakes will happen! Some are detrimental and in need of correction, while others add some unexpected character. Join us to weave a basket and reflect on the weavings of your life.

Space is limited to 12! Register early!

Lisa Alexander wove her first basket in 2014 and fell in love with the craft! It is such a special way to connect with art that has a meditative nature. It is a gift to be able to weave hopes and prayers into each basket. The baskets are woven with natural reed. Each basket is unique and will reflect the weaver's special touches. Lisa is an elementary school teacher working with multilingual students. She has been blessed to work with newcomers from a variety of countries.

Adele DiNatale-Svetnicka is the Program and Retreat Coordinator at St. Anthony's. She has twelve years of parish ministry experience, including creating, presenting, and coordinating retreats. She was active in the Superior diocese's professional organization for catechetical leaders, SUMMIT, and one of its representatives to the state's professional Board, WDFE. She is also an FSPA affiliate (Franciscan Sisters of Perpetual Adoration).

Investment: \$130

**Fri. Check-in: 3:00 pm | Orientation: 5:45 | Supper: 6:00.
Retreat conclusion: Saturday at 4:00 pm**

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

FALL WEEKEND RETREATS

SPIRITUAL DEVELOPMENT Eight Stages of Development with Spiral Dynamics

OCTOBER 24-26, 2025



Presented by Wendy Mitch

This program is more than just a small group experience, it's **a doorway to a deeper understanding of yourself** and your place in the ever-evolving tapestry of spirituality. Whether you're seeking clarity, community, or simply a new perspective, An Integral Approach to Spiritual Development offers a nurturing space to explore and grow. Why Join? This program is cultivated for those navigating the "in-between" spaces of their spiritual journey. As your previous understandings begin to shift, you might find the road ahead daunting. Wendy Mitch, drawing upon the foundational works of Spiral Dynamics by pioneering Integral theorists Ken Wilber, Don Beck, and Clare W. Graves, offers a compass to navigate these transformative times.

What to Expect:

- In-depth Exploration of Spiral Dynamics: Delve into the various phases of human development and understand how perceptions of "God," "Spirit," and "religion" evolve as we progress along our spiritual path.
- Community and Connection: You are not alone. Find solace and strength in a community of like-minded individuals all on their own journey of spiritual discovery.
- Interactive Learning: Through facilitator input and a contemplative structure of dialogue, participants will gain insights and tools that foster growth and transformation.

Wendy Mitch, owner of *Shifting Perspectives: Coaching and Consulting*, has been challenging, training, and developing others for more than 35 years. She is a certified Integral Life Coach through New Ventures West, a Certified Teacher in the Enneagram Spectrum Method, has her master's degree in Servant Leadership from Viterbo University, is a licensed facilitator for the Arbing Institute, and has completed the Wisdom Way Life Coaching Program.



Wendy has facilitated hundreds of workshops, seminars, and retreats in the areas of Outward Mindset, Servant Leadership, Self-Deception/Self Betrayal, Emotional Intelligence, the Medicine Wheel, Spiral Dynamics and Creating an Authentic Life.

Investment: \$240 | Zoom Option: \$50

Check-in begins at 3:00 pm on Friday, followed by orientation at 5:45 and supper at 6:00.

The retreat concludes Sunday after the Noon Meal.

*****Register early! All retreats are pending a minimum number of six participants.*****

FALL WEEKEND RETREATS

SILENT THEME RETREATS Sing to Me of Hope, Beloved

UPCOMING DATES:
NOVEMBER 7- 9, 2025
MARCH 27 - 29, 2026



Presented by:

Fr Frank Corradi, Elizabeth Schussler, Rita Simon and Adele DiNatale-Svetnicka

What is hope? How can we water the seeds of hope within ourselves and in the suffering world around us? How can we BE hope? Come, listen, and allow the Song of the Beloved to magnify hope in you.

Throughout the weekend, each presenter will offer a presentation on Hope with plenty of time for silent, personal prayer and reflection in between.

Presenters: Fr Frank Corradi, Elizabeth Schussler, Rita Simon and Adele DiNatale-Svetnicka

MINDFULNESS AND CREATING A BALANCED LIFE

NOVEMBER 21-23, 2025

PRESENTED BY TAMMY BARTHEL



Balance is more than just allocating time between work and leisure. It's about nurturing aspects of your being to create a holistic existence. We will explore how you can create a balanced life through mindfulness, ritual, and creating routines that work for you. Our bodies tell us what we need. We will spend time being more mindful of our heart, body, mind, and soul, creating a more balanced and harmonious life as we explore eight areas of our life that sometimes seem out of balance. For example our physical health, mental wellness, relationships, play, attitude, continuing learning, nurturing strong networks of like-minded people, and spirituality and solitude.

Tammy Barthels is a retired minister with the Evangelical Lutheran Church in America. She is a wife, mother, grandmother, spiritual director, and seeker of Truth. She has been a presenter of Retreats for over 20 years. Her mission is to assist others on their Journey as they seek to find their Inner Truth. She welcomes the opportunity to listen to your sacred stories, share and walk with you as we journey toward wholeness with God together.

Investment: \$240

Check-in begins at 3:00 pm on Friday,
followed by orientation at 5:45 and supper at 6:00.
The retreats conclude Sunday after the Noon Meal.

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236

WINTER RETREATS

NEW YEAR'S EVE AND DAY RETREAT God, Church, and All Of Us

DECEMBER 31, 2025 - JANUARY 1, 2026



Come start the New Year with us in prayer and fellowship, Adoration and celebration! Fr. John Schultz will facilitate our New Year's retreat with words of wisdom on our God being a relational God, and how important that is for us. The relationship is an active relationship, and we need to do our part (hint: pray!). Part of this relationship is being part of an institutional Church, YES an imperfect Church, and YES God's Church. New Year's morning we will discuss topics that touch *your* hearts, brains, and feelings. Bring some of these topics along with you.

New Year's Eve has sessions with Fr. John after supper and Holy Hour with Adoration after his sessions. Following that, we have a 'New Year Celebration' with snacks, adult beverages and non-alcoholic beverages. New Year's Day morning has a closing session with Fr. John after breakfast, quiet time for reflection, and Mass before lunch. What a wonderful and prayerful way to begin the New Year! Please join us!



Fr. John Schultz, born and raised on the west hill of Chippewa Falls, studied at Holy Cross Seminary in La Crosse and the North American College/Gregorian University in

Rome. Ordained in St. Peter's Basilica in Vatican City, he has served as a priest and a chaplain in the diocese of La Crosse. Presently Fr. Schultz assists fellow priests, is involved in other ministries, and participates in JONAH, an interfaith social justice action entity.

Investment: \$130

Check-in begins at 3:00 pm on Thursday, followed by orientation at 5:45 and supper at 6:00. The retreat concludes Friday after the Noon Meal.

JANUARY SERENITY RETREAT Fourth and Fifth Steps

JANUARY 16-18, 2026



Facilitated by Candace Bahr

The fellowship developed in recovery is a strong and vital one. That fellowship supports and encourages receiving wisdom and strength from one another. This community sets the foundation for successful fourth and fifth-step work. Let's start the New Year together with a weekend to focus on the fourth and fifth steps!

Candace Bahr will be one of our speakers, as will several members from the Greater Wausau area recovery fellowship.

Investment: \$240

Check-in begins at 3:00 pm on Friday, followed by orientation at 5:45 and supper at 6:00. The retreat concludes Sunday after the Noon Meal.

*****Register early! All retreats are pending a minimum number of six participants.*****

ST. ANTHONY'S MISSION STATEMENT

St. Anthony's, as a special place of spirituality, peace, and hospitality, is a community welcoming all seeking healing, hope, and transformation through deeper connection with God, Self, Others, and Creation.

We strive to embrace and grow through our Franciscan roots and values of simplicity, compassion, joyful service, and relationships, in which all are welcome to seek spiritual deepening.

SAVE THE DATES FOR OUR FUTURE 2026 SPONSORED EVENTS!!

JANUARY 2026

1/16-18: January Serenity Retreat w/ Candace Bahr and various presenters from Wausau area

1/23-25: A Deeper Spirituality Within the Heart w/ Tammy Bartels & Steven Korzinek

MARCH 2026

3/13-15: Silent Retreat w/Spiritual Creativity w/ Ruth Hoenick

3/27-29: Women's Silent Theme Retreat (Palm Sunday) w/various presenters

APRIL 2026

4/17-19: Transitions & New Beginnings Retreat w/ Barb Bickford and Sandy Salvo

4/24-26: A Deeper Spirituality Within the Heart w/Tammy Barthels & Steven Korzinek

JUNE 2026

6/5-7: June Serenity Retreat

SEPTEMBER 2026

9/25-27: Franciscan Living Retreat

OCTOBER 2026

10/2-4: October Serenity Retreat

NOVEMBER 2026

11/13-15: Silent Theme Retreat w/various presenters

11/20-22: Creative Retreat w/Tammy Barthels

DECEMBER 2026

12/31/2026 - 1/1/2027 New Years Eve and Day Retreat

To reserve your spot on a retreat, visit www.sarcenter.com or call 715-443-2236